**REVIEW QUESTIONS ON MEASURING CONSCIOUSNESS**

1. Why are physiological measurements used to study consciousness?

2. What information cannot be obtained about consciousness from physiological  measurements?

3. What are the five major patterns of brainwave activity?

4. Why are speed and accuracy on a cognitive test sometimes used to study states of consciousness?

5. Explain the difference between selective and divided attention.

6. Read the following statements and identify whether they are true or false.

* 1. a In normal waking consciousness, behaviour remains constant.
  2. b Controlled processing is slower than automatic processing because we focus  on the task more closely in order to learn it.
  3. c Practising a task does not increase the efficiency of processing it.

7. Some drugs are psychoactive. What does this mean?

8. What do depressants do to our nervous system? How is this connected to  alertness and brainwave activity?

9. What effect does alcohol have on a drinker’s level of alertness? How does this  vary with the blood-alcohol content?

10. What do stimulants do to our nervous system? How is this connected to  alertness and brainwave activity?